



WINTER MELTDOWN

Packing List

2026

* = optional

Clothing

Please pack and dress for the forecast - we will be spending lots of time outside! Most Saturday activities require long pants and closed-toe shoes.

- Winter Coat
- Sweatshirts / Hoodies
- Long-Sleeve/ T-shirts
- Pants / Jeans
- Pajamas
- Undergarments
- Warm Socks (*extra pair recommended*)
- Hat*
- Gloves*
- Scarf*
- Thermal Under Layers*
- Sneakers / Comfortable Shoes/ Close-Toed Shoes
- Boots*

Bedding & Towels

- Sleeping Bag **or** Twin Sheets & Blanket
 - Make sure to pack a fitted twin sheet to place on bed and have your sleeping bag/ sheets/ blankets over it.*
- Pillow
- Bath Towel
- Shower Shoes / Flip Flops*

Toiletries

- Toothbrush
- Toothpaste
- Shampoo / Conditioner
- Soap / Body Wash
- Deodorant
- Hairbrush / Hair Ties
- Personal Hygiene Items
- Medications (*clearly labeled, talk to your leader about any medication*)

 **Personal Items**

- Bible
- Notebook
- Pen or pencil
- Reusable Water Bottle
- Phone
- Phone charger

 **Optional / Free Time Items**

- Book or Journal
- Board Games or Card Games
- Bracelet Making Materials
- Flashlight
- Backpack or Small Day Bag
- Sunglasses
- Watch
- Spending Money for the RVR Store (*open Friday and Saturday*). Milkshakes (*Saturday night only*), ice cream, snacks, drinks, and RVR merchandise will be available!
- Canned Goods will be collected by RVR for the Transformation Center in Baltimore and you can earn points for your group by bringing them.

 **Please Do NOT Bring**

- Alcohol, Drugs, Tobacco, or Vaping Devices
- Weapons of Any Kind
- Inappropriate Clothing or Media
- Expensive Electronics or Valuables

 **Packing Reminders**

- All Items Labeled with Your Name
- Pack Layers for Changing Temperatures
- Check Weather Forecast Before Packing